



# METRO MEAT MARKET

5028 E. 10th Ave. • Tampa 33619

Hours: Mon-Sat 7-9 • Sun 8-6

**813-609-4250**

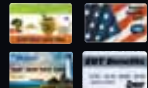
**MetroMeatMarket.com**



Cash/Debit/Credit



EBT



PRICES AND AVAILABILITY SUBJECT TO CHANGE WITHOUT NOTICE. WE MATCH ALL COMPETITORS PRICES WITH PROOF OF VALID ADVERTISEMENT



**WE CARRY AMERICAN, JAMAICAN, HAITIAN, CUBAN, PUERTO RICAN, DOMINICAN AND CARIBBEAN GROCERIES & PRODUCE**



## METRO HOT DELI LUNCH SPECIALS

STARTING AT \$4.99

**12" Cuban Sandwich only 4.99**



**Bang Bang Shrimp 10.99**

With Rice & Beans & 2 Sides

**Lg Oxtail Dinner 14.99**

With Rice & Beans & 2 Sides



**Caribbean, Latin, Soul Food & American**

**CATERING & PARTY TRAYS AVAILABLE**

## METRO MEAT SPECIALS!

<p><b>Ground Beef</b> Came Molinda 5 lbs. <b>\$10<sup>99</sup></b></p>	<p><b>Center Cut Pork Chops</b> Chuletas de Cerdo de Centro 5 lbs. <b>\$6<sup>99</sup></b></p>	<p><b>End Cut Pork Chops</b> Chuletas de Cerdo de Punta 5 lbs. <b>\$6<sup>99</sup></b></p>
<p><b>Chicken Leg Quarters</b> Muslos y Contramuslos 10 lbs. <b>\$5<sup>99</sup></b></p>	<p><b>Chicken Drumsticks</b> Muslos de Pollo 10 lbs. <b>\$6<sup>99</sup></b></p>	<p><b>Boneless Chicken Breast</b> 5 lbs. <b>\$7<sup>99</sup></b></p>
<p><b>Boneless Chicken Thighs</b> 5 lbs. <b>\$6<sup>99</sup></b></p>	<p><b>T-Bones</b> T Huesos de Carne /lb. <b>\$4<sup>99</sup></b></p>	<p><b>Beef Short Ribs</b> Costillas Cortas de Res /lb. <b>\$4<sup>99</sup></b></p>
<p><b>Boneless Chuck Steak Or Chuck Roast</b> /lb. <b>\$4<sup>99</sup></b></p>	<p><b>Pork Picnic Shoulder</b> /lb. <b>89¢</b></p>	<p><b>Beef Stew</b> Carne de Res Para Guisar /lb. <b>\$3<sup>99</sup></b></p>

## FRESH PRODUCE





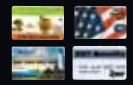
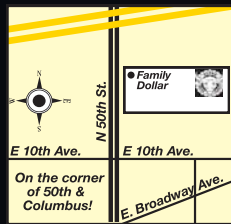
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## FAMILY PLAN #1

- 2 Lbs. Ground Beef
- 2 Lbs. Leg Quarters
- 2 Lbs. End Cut Chops
- 2 Lbs. Chicken Drumsticks
- 2 Lbs. Cube Steak

**ALL FOR ONLY \$22<sup>99</sup>**

**FREE 2-LITER SODA**

## FAMILY PLAN #2

- 5 Lbs. Ground Beef
- 5 Lbs. Chicken Wings
- 2 Rib Eye Steaks 8 oz.
- 3 Lbs. Pork Chops End Cut
- 1 Lb. Bacon

**ALL FOR ONLY \$37<sup>99</sup>**

**FREE 2-LITER SODA**

## FAMILY PLAN #3

- 2 Lbs. Tilapia
- 2 Lbs. Tiger Shrimp
- 2 Lbs. Snow Crab Legs
- 1 Lb. Uncle John's Sausage
- (2) 5 oz. Lobster Tails

**ALL FOR ONLY \$65<sup>99</sup>**

**FREE 2-LITER SODA**

FAMILY PLAN SPECIALS SUBSTITUTIONS ALLOWED

## FAMILY PLAN #4

- 2 Lbs. Oxtails
- 3 Lbs. Chicken Wings
- 3 Lb. Uncle John's Sausage
- 3 Lbs. Ground Beef
- 3 Lbs. End Cut Pork Chops
- 1 Lb. Bacon

**ALL FOR ONLY \$49<sup>99</sup>**

**FREE 2-LITER SODA**

## FAMILY PLAN #5

- 3 Lbs. Chicken Drumsticks
- 3 Lbs. Chicken Wings
- 3 Lbs. Ground Beef
- 1 Lb. Smoked Bacon
- 3 Lbs. End Cut Chops
- 5 Lbs. Turkey Wings

**ALL FOR ONLY \$29<sup>99</sup>**

**FREE 2-LITER SODA**

## FAMILY PLAN #8

- 5 Lbs. Ground Beef
- 3 Lbs. Cubed Steak
- 5 Lbs. Leg Quarters
- 5 Lbs. Chicken Drumsticks
- 5 Lbs. Chicken Wings
- 2 Lbs. Tilapia Fillet
- 5 Lbs. Turkey Wings

**ALL FOR ONLY \$55<sup>99</sup>**

**FREE 2 LB. BAG COLLARD GREENS**

## FAMILY PLAN #9

- 5 Lbs. Chicken Drumsticks
- 3 Lbs. Country Style Ribs
- 3 Lbs. Chicken Wings
- 5 Lbs. Fresh Neck Bones
- 5 Lbs. Chicken Leg Quarters
- 3 Lbs. End Cut Pork Chops
- 2 Lbs. Uncle John's Sausage
- 5 Lbs. Turkey Wings
- 3 Lbs. Oxtails
- 5 Lbs. Pig's Feet
- 5 Lbs. Ground Beef
- 5 Lbs. Turkey Necks

**ALL FOR ONLY \$75<sup>99</sup>**

**FREE 2-LITER SODA**

## FAMILY PLAN #11

- 5 Lbs. Ground Beef
- 5 Lbs. Chicken Leg Quarters
- 3 Lbs. Stew Beef
- 5 Lbs. Chicken Wings
- 3 Lbs. Cubed Steak
- 5 Lbs. Turkey Wings
- 5 Lbs. Chicken Drumsticks
- 5 Lbs. End Cut Chops
- 3 Lbs. Smoked Bacon
- 3 Lbs. Beef Short Ribs

**ALL FOR ONLY \$124<sup>99</sup>**

**FREE WHOLE CHICKEN**

FAMILY PLAN SPECIALS SUBSTITUTIONS ALLOWED

## FAMILY PLAN #13

- 5 Lbs. Ground Beef
- 3 Lbs. Smoked Neck Bones
- 3 Lbs. Country Style Ribs
- 3 Lbs. End Cut Pork Chops
- 5 Lbs. Chicken Drumsticks
- 2 Lbs. Uncle John Sausage
- 5 Lbs. Pigs Feet
- 5 Lbs. Turkey Necks
- 5 Lbs. Fresh Neck Bones
- 5 Lbs. Turkey Wings
- 5 Lbs. Chicken Wings
- 3 Lbs. Oxtail
- 3 Lbs. Bacon

**ALL FOR ONLY \$99<sup>99</sup>**

**FREE 2-LITER SODA**

## BREAKFAST PLAN

- 2 Lbs. Uncle John's Sausage
- 1 12oz. Box Of Cereal
- 1 Lb. Smoked Bacon
- 1 Gallon of Fruit Drink
- 1/2 Gallon Milk
- 1 Loaf of White Bread
- 1 Dozen Eggs
- 1 Box Grits

**ALL FOR ONLY \$24<sup>99</sup>**

**FREE 1 LB. MARGARINE**

FAMILY PLAN SPECIALS SUBSTITUTIONS ALLOWED

## BBQ PLAN

- 10 Lbs. Chicken Leg Quarters
- 10 Lbs. Chicken Drumsticks
- 10 Lbs. Spare Ribs
- 10 Lbs. Ground Beef
- (2) 12 oz. Packs Hot Dogs Pork / Chicken

**ALL FOR ONLY \$58<sup>99</sup>**

**FREE 2-LITER SODA**

FAMILY PLAN SPECIALS SUBSTITUTIONS ALLOWED

## BEEF LOVER'S PLAN

- 4 - 8 oz. N.Y. Strip Steaks
- 4 - 8 oz. Rib Eye Steaks
- 3 Lbs. Beef Short Ribs
- 3 Lbs. Chuck Roast
- 3 Lbs. Stew Beef
- 5 Lbs. Ground Beef
- 3 Lbs. Cubed Steak

**ALL FOR ONLY \$119<sup>99</sup>**

**FREE 2-LITER SODA**

## CHICKEN LOVER'S PLAN

- 5 Lbs. Chicken Wings
- 5 Lbs. Chicken Breast Boneless
- 5 Lbs. Leg Quarters
- 5 Lbs. Chicken Drumsticks

**ALL FOR ONLY \$31<sup>99</sup>**

**FREE 2-LITER SODA**

## ECONOMY PLAN

- 2 Lbs. Ground Beef
- 5 Lbs. Chicken Leg Quarter
- 2 Lbs. Pork Chops End Cut
- 1 Lb. Bacon
- 1 Lb. Uncle John Sausage

**ALL FOR ONLY \$22<sup>99</sup>**

**FREE 2-LITER SODA**

## DELI PLAN

- 1 Lb. Boiled Ham
- 1 Lb. Spiced Ham
- 1 Lb. Turkey
- 1 Lb. American Cheese
- 1 Lb. Honey Ham

**ALL FOR ONLY \$15<sup>99</sup>**

**FREE 2-LITER SODA OR WHITE BREAD**

FAMILY PLAN SPECIALS SUBSTITUTIONS ALLOWED

## HEALTHY PLAN

- 3 Lbs. Ground Turkey
- 3 Lbs. Turkey Breast Steaks
- 3 Lbs. Chicken Breasts
- 2 Lbs. Bag Tilapia Fillets
- 3 Lbs. Chicken Stir Fry

**ALL FOR ONLY \$35<sup>99</sup>**

**FREE 2-LITER SODA**

# WE CARRY BEER & WINE FROZEN VEGETABLES